

Sunsmart Policy

- ❖ 30+ sunscreen supplied**
- ❖ If possible sunscreen to be applied twenty minutes prior to going outdoors.**
- ❖ Outdoor time between 11.00 and 3.00 (daylight saving's) 10.00 and 2.00 (normal time) will be in shaded areas only. Children's time outdoors will be minimised.**
- ❖ Shade awnings rolled out each day during the months from September until April.**
- ❖ All hats be either wide brimmed, bucket style or legionnaire style**
- ❖ Children top wear protective clothing on shoulders and backs outdoors**
- ❖ On days of excessive heat children will be kept indoors**
- ❖ Staff to wear hats and protective clothing outdoors**

SWiCh Inc Childcare Centre
Monash Student Association Clayton

Policy: Sun Safe
Reviewed February 2006

Policy Statement: As research shows skin damage, including skin cancer, is the result of cumulative exposure to the sun. The purpose of this policy is to ensure that all children and staff are protected from the sun's harmful U.V. rays throughout the year.

Procedures: To be implemented from the 1st September until the 30th April

- Parents are advised to apply sunscreen to their child before coming to care. Research has shown sunscreens are more effective when applied twenty minutes prior to sun exposure. Outdoor activities will often commence as soon as the centre opens during the hotter months to allow for indoor time between 11.00 and 2.00.
- Children shall wear a wide brimmed or legionnaires hat whilst outdoors.
- Staff will apply a broad-spectrum 30plus sunscreen to all children, supplied by the centre. If a child is sensitive to the brand supplied parents are asked to supply a type that suits their child's skin.
- Minimise outdoor activities between 11.00am and 3.00pm, during daylight savings and between 10.00am and 2.00pm in normal time.
- Staff will incorporate sun and skin protection awareness activities in their programs.
- Staff shall direct children to shaded areas.
- Staff shall ensure children are provided with adequate amounts of cool water, container to be outdoors for children to access freely.
- Shade awnings to be rolled out.
- Staff are expected to act as role models by wearing hats, protective clothing whilst outdoors and applying sunscreen.
- If a child is unable to use sunscreen then plans will be made to accommodate that child by ensuring they are kept indoors or under shade at all times.
- Children are to wear appropriate clothing whilst outdoors – tops that cover shoulders and backs.